

## Cardio Essentials Red Yeast Rice

Support for Healthy Blood Lipids  
and Cardiovascular Health\*

### Cardio Essentials Red Yeast Rice Supplementation

Cardio Essentials Red Yeast Rice contains a potent strain of red yeast rice called *Monascus purpureus* that supports cardiovascular function and healthy blood lipids.\*

Supplementation with Cardio Essentials Red Yeast Rice may benefit users in a variety of ways.\* The most relevant research-backed benefits derived from supplementation with Cardio Essentials Red Yeast Rice include:

- Supports cardiovascular function\*
- Supports healthy blood lipid profiles\*
- Provides antioxidant support in the body\*

### How Cardio Essentials Red Yeast Rice Works

In traditional Chinese medicine, red yeast rice is used to promote healthy blood lipids, circulation, and digestive function.\* Cardio Essentials Red Yeast Rice harnesses the power of *Monascus purpureus* seeds, which contain a variety of therapeutic compounds.\*<sup>4</sup>

Read on to learn more about *Monascus purpureus* and how it works in the body to support overall cardiovascular health.\*

When blood lipids are chronically elevated, the risk of cardiovascular complications increases significantly.<sup>1,2</sup> Clinical trials suggest that *Monascus purpureus* is an effective supplement for positively supporting blood lipid balance and cardiovascular health.\*<sup>3</sup>

A large body of evidence suggests *Monascus purpureus* produces a number of chemicals in the body that promote healthy blood lipid levels.\*<sup>5,6,7</sup> Furthermore, red yeast rice appears to have antioxidant roles in the body, which can support cardiovascular function.\*<sup>8</sup>

#### Why Use Cardio Essentials Red Yeast Rice?

Research cited herein suggests that the *Monascus purpureus* found in Cardio Essentials Red Yeast Rice promotes overall cardiovascular health with a specific focus on healthy blood lipids already in the normal range.\*



# Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 120

	Amount Per Serving	%DV
Red Yeast Rice (seed; <i>Monascus purpureus</i> )	600 mg	*

**Other Ingredients:** Hypromellose, vegetable magnesium stearate, silica.

**Directions:** Take one capsule before each meal as a dietary supplement or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

## References:

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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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